





- ❖ Do you remember a time when you walked out in the dark under a multitude of shining stars? Were you alone?
- ❖ Do the stars in the night sky have any special significance for you?

“The most beautiful thing we can experience is the mysterious; it is the source of all true art and science.”

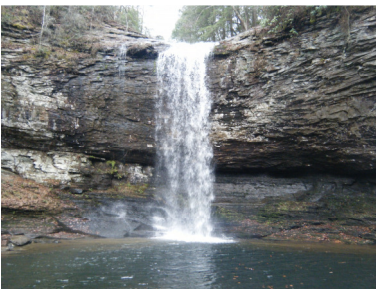
Albert Einstein



Northern Lights
[Aaron Millar](#)
Wednesday 23 October
2013



- ❖ Does blue have a significance for you in any way?
- ❖ Do you have any memories associated with any of these images? If so take time to remember.





❖ Do you have any good memories associated with places like these? Let your imagination go there.

❖ Which of these places would you now choose for a holiday





- ❖ If you were to buy yourself some flowers which would you choose? Is this choice based on a memory?
- ❖ Do you find it hard not to worry about ... (you fill in the subject here!)?

We can complain that rose bushes have thorns or Rejoice because thorn bushes have roses.

Abraham Lincoln.





Does any of this fruit need to be watered/fed/cultivated in you?

Adults are allowed to eat a piece of fruit as well.

Love : Cornerstone fruit

Faithfulness : finisher's fruit

Self control : "super" fruit

Gentleness : misunderstood fruit

Patience : Practice makes perfect fruit.

Peace : Trancendent fruit

Kindness & Goodness : cause and effect fruit.

Joy : shout it from the rooftops fruit.

[Thanks to Joanne Froggatt]



Have you suffered a loss recently?
Are you in a dark place?

Then I encourage you to light a tea-light put it in the sand and name the loss.

Watch it burn, transforming the wax into light. See, in your mind's eye some of your pain being burnt up too.



If it feels appropriate you may like to ask for God's help to find peace at this time.

When you were born, you cried and the world rejoiced. Live your life so that when you die, the world will cry - and you will rejoice!

Cherokee Indian proverb.