

God **TRANSFORMS** me. He changes me to become more and more like Jesus!

Tip : When I trust God that he knows best, he can use everything to help me become the person he created me to be.

Philippians 1:6

‘And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns.’

2 Corinthians 3 : 18

‘And we all, with unveiled faces reflecting the glory of the Lord, are being transformed into the same image from one degree of glory to another, which is from the Lord, who is the Spirit’

‘One little boy was trying to open a flower bud. Under his persistent efforts the blossom fell apart in his hands. In exasperation he looked up at his mother and asked, “Why does the bud fall apart when I try to open it, but when God opens it the flower is beautiful?”

Shocked at his profundity, his mother was speechless. Soon, however, the child exclaimed eagerly, “Oh, I know! When God opens the flower, he opens it from the inside.”

Quoted in Undersong, Peter Price,



I **HONOUR** God as the Creator of everything - the one who is all goodness and all love.

Tip : I wonder which of god’s names means the most to you.

Psalm 29 :1-2 Honour the LORD for his glory and strength.

Honour the LORD for the glory of his NAME

Worship the LORD in the splendour of his holiness.

God has **HIGH HOPES** for me. My **Heavenly Father** has big plans for me - in this world and the next!

Tip : Some people need some convincing of this. Ask God to show you that it is true for you.

Ps 139: 16

Thank you for making me so wonderfully complex!

Your workmanship is marvellous...

You saw me before I was born. Every day of my life was recorded in your book. Every moment was laid out before a single day had passed.

I **ENQUIRE** what God wants me to do - his will for me.

Tip : Sometimes God gives us the big picture. But mostly it's ordinary things. Enquire about those.

Ps 32:8-9

The LORD says, “I will guide you along the best pathway for your life, I will advise you and watch over you. Do not be like a senseless horse or mule that needs a bit and bridle to keep it under control.”

God **REMINDS** me of his **REQUIREMENTS** -

His Commandments show us the right way to live.

Tip : Is there a voice inside saying there is something you should do or put right? Listen to it.

Psalm 19 *'The Lord's rules can be trusted. ...*

The laws of the LORD are true; each one is fair,

They are more desirable than gold, even the finest gold,

They are sweeter than honey, even honey dripping from the comb.

They are a warning to your servant, a great reward for those who obey them.'

I **APOLOGISE** - say sorry for things I have done wrong.

Tip : This needs a bit of thought - and honesty!

Psalm 32 : 3 & 5 *'When I refused to confess my sin my body wasted away*

'Finally I confessed all my sins to you and stopped trying to hide my guilt. I said to myself, "I will confess my rebellion to the LORD," And you forgave me! All my guilt is gone.'

God **ACCEPTS** me as I am. I don't have to be 'good enough' to have a heart to heart with God.

Tip : God is your perfect Father. He loves a conversation.

Psalm 139:1, 4-5

'O LORD you have examined my heart and know everything about me. You know when I sit down and stand up. You know my thoughts even when I'm far away. You go before me and follow me. You place your hand of blessing on my head. Such knowledge is too wonderful for me.'

I **REQUEST** the things I know other people need and the things I need myself.

Tip : Thinking about others *first* helps get this bit right.

Ps 5:13 *'Listen to my voice in the morning, LORD.*

Each morning I bring my requests to you and wait expectantly.'

Psalm 34 :4 *'I prayed to the Lord and he answered me.*

He freed me from all my fears.

Those who look to him for help will be radiant with joy.'

God **ENCOURAGES** me. He is always ready to say "Well done!"

Tip : What have you done/ not done that God is pleased about? Don't say 'nothing' - it's not true!

Psalm 69 : 32 & 33 *'The humble will see their God at work and be glad . Let all who seek God's help be encouraged. For the lord hears the cries of the needy.*

Matthew 9 : 22 *Jesus turned around, and when he saw her he said. "Daughter, be encouraged! Your faith has made you well". And the woman was healed at that moment.*

I **THANK** God for being close to me and listening

I **TRUST** him that he knows best.

Tip : It's just like being with a really good, wise friend.

Ps 52:8-9 *'I am like an olive tree growing in God's temple.*

I trust God's love for ever and ever.

God, I will thank you for ever for what you have done.